

# The Bridge

326 Joliet Street, West Chicago, IL 60185  
West Chicago Community High School

Volume 15 Number 12 May 30, 1986



## Graduation to be held June 8th

by Kelly Fox

Farewell to the graduating seniors. There are about two hundred ninety-eight seniors who will attend graduation commencement June 8 at 2 p.m. in the big gym.

Commencement will last approximately an hour and a half. After it's over, all graduates will have to return their caps and gowns, and if they are not returned the deposit is forfeit.

Athletic Director Ron Hansen has been chosen by the senior class to speak for them

at graduation.

Superintendent Richard Kamm said that he was both "happy and sad" about this year's graduation. He said that he is happy for the students who are going to start the rest of their lives. He also said that he is sad to see the students leave, just like other years.

Kamm said that any misbehavior during the graduation ceremony will result in removal, but he doesn't feel there will be any problems.

## Hacky Sack takes We-go by storm



Paul Scarnegie (left) and Jorge Zamora demonstrate the game of Hacky Sack.

Hacky Sack is a small leather ball that is kept in the air by using any part of the body except the hands and arms.

The game only has three rules: 1) you can't serve the Hacky Sack to yourself, 2) you can't use your hands or arms and 3) you can't say you're sorry!

Lately the game has become popular and you can see Hackers playing Hacky Sack at almost any lunch hour.

photo by Eric Runowski

## Cheerleaders chosen for 86-87 season

by Dan Gambino

The 1986-1987 cheerleading squads have been chosen, and they are as follows:

### Varsity Football

**Carol Koenig Captain**  
Tammy Beardsley  
Amy Enos  
Barb Enos  
Miriam Hernandez  
Katie Kalloway  
Diana Rios  
Nicki Turner  
Patty Wilmer

### Varsity Soccer

**Jeanine Detente Captain**  
Margie Baum  
Lisa Harvey  
Janet Miller  
Alaine Smith  
Lisa Smith  
Rayann Stewart  
Beth Vanderpool  
Irene Volenac  
Sharon Volenac

### Varsity Wrestling

**Miriam Hernandez Co Capt.**  
**Rayann Stewart Co Capt.**  
Alma Cruz  
Leah Mosier  
Diana Rios  
Beth Vanderpool  
Irene Volenac  
Sharon Volenac

### Varsity Basketball

**Carol Koenig Captain**  
Jeanine Detente  
Amy Enos  
Barb Enos  
Katie Kalloway  
Jent Miller  
Mandy Newlon  
Alaine Smith  
Patty Wilmer

### Basketball

**Bette Purnell Co Capt.**  
**Margaret Shim Co Capt.**  
Deb Caruso  
Terre Doggett  
Alyssa Gall  
Lisa Giblin  
Alicia Hubert  
Sara Langellier  
Missy McAllister  
**Camp Captain**  
Missy McAllister

### Football

**Stephanie Santiago Co Capt.**  
**Alicia Hubert Co Capt.**  
Alyssa Gall  
Sara Langellier  
Diane Madden  
Missy McAllister  
Jenny Owens  
Lisa Riegart  
Michelle Wagner

### Fresh/Soph Wrestling

Stephanie Santiago  
Jovanna Velazquez

## New Editors announced

by Cassie Storey

Next year's Bridge editorial staff has been chosen. Kevin Smith has been picked to be Editor-in-chief. Smith has worked on the Bridge for two years, and this past year served as assistant sports editor.

Jim Rowley was selected to be News Editor. Rowley became involved with the Bridge in the beginning of this year. Sheryl Wadda is going to be next year's Perspective Editor and also started working on the Bridge this past year.

In the past, there have been separate editors for the Features and In depth pages. Next year, there will be three revolving editors for what will be called the Features Department. On one issue, two

editors will do the Features pages while one does in depth, and then the next issue they rotate positions. The persons chosen for the Features Dept. are: Melanie Miller, Jean Volpe, and Kim Mauk. Also chosen as Photo Editor of the Features Dept. was Teresa Yunker.

Editing next year's Sports pages will be Marla Jemsek, who has worked on the Bridge for the past two years.

Next year's Business manager/design consultant will be Doug Durr, who is completing his first year of working on the Bridge. Marya Solsulski will be in charge of circulation. Congratulations to you all and good luck next year!

## Something to do during summer

by Ed Coronel and Tom Hall

School is almost over, and summer is just around the corner. With summer comes the thoughts of summer school.

Summer school is offered to all students who have either not passed a course, need credits to graduate earlier, or would like to condition and learn techniques for sports.

Classes that are being offered are American History, American Government, Consumer Education, Physical Education (which is make-up only), and Health Edu-

cation. These classes are all required for graduation.

Other classes, that are being offered to the more athletic students, are advanced swimming conditioning, baseball, volleyball, basketball, football, track and cross country. Although there will be no credits given, techniques that will improve your performance shall be an advantage.

The tuitions vary in price from \$20 to \$25 for all athletic programs, and American History which is \$25; to \$90 for making up Freshman English.

All classes run from Mondays to Fridays starting on June 20 and ending on August 1 of this year.

To enroll in one of these classes, you must fill out a registration form, available in the office, and see your counselor for all the other material and information that is needed. Then hand in your form with a check payable to Community High School District 94. Your enrollment is not confirmed until all fees are paid.

Attendance is mandatory, and students are asked not to enroll if they do not plan to attend all sessions. Students will automatically be dropped from the course on the third absence, and no refunds will be given.

## G.F.P. invades LRC

If it hasn't already happened yet, very soon Scott Grenke's films will be available for viewing in the LRC. Grenke has been making home productions since eighth grade. The films which will be available are Drax Returns, Grenkeman - The Movie, The Executioner, Executioner II, and Executioner III. Grenke's S.A.D.D. video and Psychodelic Serge video will also be available in the LRC. Finally, Grenke's television spoofs will be available. These include Cosmos, Cosmos Christmas Special, Ronco's Amazing Shrinking Machine, a Carl Sagan Commercial, and a Skippy peanut butter commercial.

## Staff stays on

by Jorge Zamora

Superintendent Richard Kamm announced that this year, "There are no teacher retirements.

Kamm said it was surprising because each year for the past few years there have been teacher retirements.

There will be several new teachers hired next year.

The only retirement this year will be cafeteria worker Jenny Balong.

## Uncle Sam's military headaches

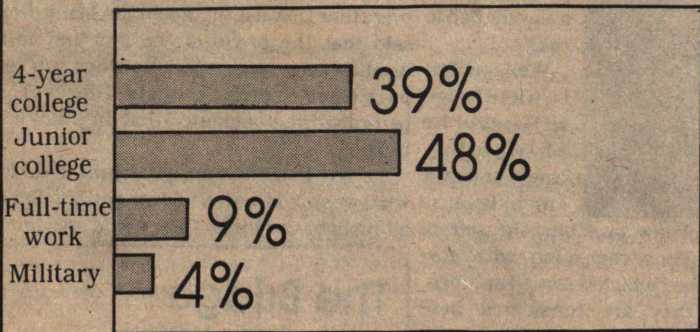
by Carol Juarez

Need some help with draft and enlistment problems? Each year more than 500,000 people enlist in the military and encounter mental problems. Every male is required to register for the draft within 30 days of his 18th birthday. Each year problems occur to thousands of new recruits such as; they risk imprisonment and their futures by leaving before their terms are up. Many people

realize only after they are in training that they cannot prepare for and fight wars. These people could have been helped by CCCO/A National Agency for Military and Draft Counseling. Their responsibility is to provide them with the information they need to make an informed conscientious choice about their involvement in the armed forces. If you have any questions please write to: Lou Ann Merkle, 2208 South Street, Philadelphia, PA. 19146.

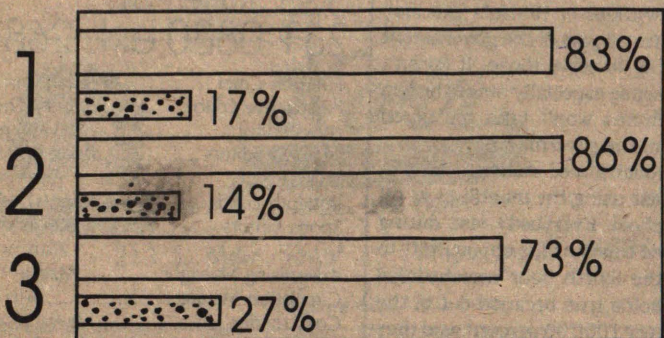
## Graduation Poll

What are you planning to do after high school?



Graph #2

yes  
 no



1. Are you happy to be graduating?  
2. Do you think you have learned a considerable amount?  
3. Would you like to have graduation outside?



# Solemn statement seems silly to seniors

Student expresses that he doesn't want to be told how to feel

by Brian Kristofek



Who's making the decisions in your life? I bet it's not you. As a senior and as I reflect back on the last four years of high school I feel happy, educated, and relieved, and I often ask myself the question, what has school really meant to me? The two answers that usually pop into my mind are relief from enduring the four years of classes, or a sense of achievement. Either answer brings the same emotion; that emotion is a happy, joyous, all around good feeling, and a sense of celebration that I will be graduating.

When I attended this year's senior graduation meeting, the speaker Principal Dr. Allen Jones gave me a totally different view. His view was from the parents, teachers, and the administration.

He dictated how we should behave and how we should feel at graduation, solemn, which

we all know we don't want to feel. He didn't just lend his opinion to how he wants us to act, he told us, even threatened us, in the words of Jones, "If I see anyone misbehaving, I will personally pull them out of the ceremony myself", "If you embarrass me, I'll embarrass you!"

Who is this graduation for anyway? The parents, teachers, and administration or for us the students that have waited four years to graduate?

We have gone through four years of doing what others want us to, and being taught impractical and illogical rules and policies. High school is supposed to help you prepare for going into the real world, it's supposed to be a major step in the never ending journey towards adulthood and total self-actualization.

In the last thing we're going to do in our high school careers they are trying to tell us what we should do and how we should act, thinking of this leaves an uneasy feeling in me, it shows you how easily humans can be trained, even if they don't believe in what they are doing.

I think we should use our own selves and use our own feelings instead of depending on others for answers and we should act and feel however we want, whenever we want. Including graduation or "showtime", in the words of Jones.

# Students receive unfair punishment

by Steve Benson

In the early hours of Friday, May 9, 1986, seven members of the senior class were caught T.P.-ing the school by the West Chicago Police Department. The officers then took down the students names and birthdates and relayed the information to the school later that day.

During first hour (of that same day) six of the seven caught (the other one being absent first hour) were sent down to the office where they received two days of In School Suspension, for their actions, with the option of serving only one day for good behavior.

According to Alan Jones principal, the stu-

dents were suspended for two reasons. One, the amount of T.P. that had to be cleaned up caused a loss of many janitorial hours which in turn causes the school to lose money. Two, the in school suspensions were also given in order to discourage any other type of "unacceptable" behavior.

I believe that the punishment received by these seven students was too harsh and did not fit the crime.

I can understand the administration's reasons for punishing the students but I still feel that the punishment is unfair. Missing one or two days of classes and not being excused for it either is outrageous, especially since the incident was a senior prank and in good humor and taste.

Dr. Jones agrees that the students shouldn't have missed their classes for

T.P.-ing the school and had first thought of having the students clean up the mess. However, "Liability laws discourage making students clean up T.P.," said Dr. Jones. Jones said that a student might fall from a tree and be seriously injured and therefore the school would be liable for the student's injury.

According to Jones after this possibility had been ruled out Assistant Principal and Dean John Highland told Jones that students had received I.S.S. in the past for tping the school. Likewise students involved in this incident received I.S.S. Jones also added that over the summer a behavior code will be set up in order to deal with pranks such as this fairly.

Hopefully the new behavior code will offer a fair punishment to students involved in harmless pranks instead of unjustly throwing them in I.S.S. or suspending them altogether.



Oh yes Phylis, the blue toilet paper is definitely you.

# It's a lack of statistics

Dear Editor:

Kevin Smith lacks statistical facts to back him up in the article "School is not always the answer." In the fourth paragraph he refers to "these students." What students did he refer to and how many did he ask? Also the article itself sounds like a lot of students, instead of just a few are "in a hole." This contradicts with the sixth paragraph which states only a very specific problem

student.

If Smith is going to generalize like this, then, it lacks a point in logic (which is essential for good writing.) It also leaves a lot of questions open and unanswered to the reader.

The editorial has a positive aspect of the opinions that he presented, but without clean, concrete, logic the reader will not be able to justify what Smith is trying to say.

Laura Brynildssen

# Smith's effective analysis

Dear Editor:

Kevin Smith, editorial writer for the Bridge, in his article "School is Not Always the Answer," argues that Mr. Highland is not "On some kind of power trip." Smith's argument is logical and effectively debated considering his audience, but he failed to strengthen certain areas of his argument. For example, he failed to provide and define specific information to determine the number of and type of students entangled in the dispute, and he failed to investigate for specific statistics.

When Smith states, "The one complaint that students have ... according to these students ..." he does not effectively support his argument since we have no idea of the number and which specific students are involved. Kevin also detracts from his debate by using "some" weak words such as: "many", "something," and "may."

However, Smith incorporates three forms of analysis which positively add to the

outcome of his debate ... first, he demonstrates that he broke his emotional block and is attempting to break the readers bias with reason. As he accomplished in the fourth paragraph where this appeared, "Now before you get all upset like I did at first ...". Second, Smith takes an unbiased position until his conclusion by presenting the weaknesses of each sides of the conflict. We stated a stereotypical and overgeneralizing quote of Mr. Highland in the seventh paragraph. Third, and essential, is Smith's clear inductive reasoning which is evident when Kevin presented the procedures which Highland follows before he presents students with their "options."

Smith, by using those techniques effectively, upheld his conclusion, therefore his article to clear up the misconceptions of Mr. Highland is of definite value to students who actually believed Mr. Highland to be on a "power trip."

Drew Regitz

# Breathing isn't always easy

by Sherry Martins

Something really needs to be done about the smoking in the bathrooms. Being a non-smoker I find it very offensive, not to mention hard to breathe, when I walk into a smoke filled bathroom.

Not only is smoking dangerous to a person's health it is disgusting when cigarettes are put out in the sinks.

It is hard to believe that the teachers or the parapro who every once in a while bravely venture into the bathroom cannot smell the smoke. It is understandable that a teacher or parapro cannot be in the bathroom all the time, that wouldn't be fair to any teacher. They too need to breathe.

So in the interest of good health and clean oxygen, I would like to make a suggestion. Maybe the school could find a place for the

students who wish to smoke could do so. Say somewhere in downtown West Chicago. No, that is no good, being hit by a truck would kill a smoker.

So let's try outside commons away from traffic. Of course they would need parent permission to get this, but that shouldn't be too hard to get. Anyone who is old enough to smoke is old enough to let their parents know.

Now before anyone gets all bent out of shape and starts yelling that the school is condoning teenage smoking, they should know that a person young or old is going to smoke whether it's good for them or not. This smoking section would just be a way to make the smokers and the non-smokers feel more at ease. I hope the school will take this suggestion into account and try to clear this problem up as soon as possible.

# No candy during fourth hour

by Jim Recchia



How many of you at lunch would like to get a cold pop or a candy bar to eat?

Well, unfortunately we will never be able to buy candy or pop at lunch because

mons hour. 100 percent said the machines should be open for our use at lunch.

Out of this same group 70 percent said they would like to buy mainly pop while 20 percent said mainly candy and 10 percent said that they buy both every time they use the machines. Many people said that the prices of the pop and candy machines are good especially when you compare them to other schools. However, 50 percent of the students feel that the candy is too high.

It's too bad that the government decides what we should and should not eat. Maybe if we all brought our lunch they would give in.

## Letters to the editor

### Tomorrow

One moment you're on top of the world.  
Another you're at the bottom of a pile.  
Life brings such extremes.  
Just wait — it will change in a while.  
Don't look back to your past mistakes,  
But take a look at the rest.  
Give yourself just one more chance.  
If today is the most possible worst,  
Then tomorrow can only be better.  
Maybe even the best.

Kathy Murnane

### Life

Life has yet just begun, but so close to ending. The pain and the tears, the age and the years. The blue sky, life's wonderful high, the lies and the hopes and the dreams that are broke, but the years go on and life continues until we reach beyond ourselves and our feeling to a world of true feelings.

Teresa Blake

### The Bridge

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Copy reader ..... Marya Sosulski  
Adviser ..... Tim Courtney



## The people under the Bridge

by Laura Novak

Imagine that you are a **Bridge** article that your writer has just written. You're new and curious as to what will happen to you. As you are thinking the situation over, wondering how you got yourself into this, an old article walks up to you and welcomes you to the world of journalism, he too is a **Bridge** article. The old article sits down and says that he remembers how curious he was when he was new (about four issues ago). You then ask him what you'll have to go through to be in the next **Bridge** issue. The experience that the old article tells goes

something like this.

Articles are turned in to the editor. They are taken up to the computer lab and typed into the word processor. After the spelling check is run on it, it is paginated (made to fit on more than one page) and is printed. The article is proof read and a headline is found for it. It will then be sent to the printer and comes back as a copy. The final corrections are made on this copy before the article is trimmed up and laid out on the page with the rest of the articles and advertisements. The page is now a "wax copy" that must be rolled out to keep the articles in place while it is taken back to the printer for the last time. The wax copy comes back as the **Bridge**.

There are many people who put in a lot of time working on the **Bridge**. The head of the whole operation is Tim Courtney. Courtney says that he was hired for his background in journalism. Besides being the advisor of the **Bridge** he also is the journalism teacher. When asked what he likes about being advisor of the newspaper Courtney joked, "It's a bad day to ask!" Then more seriously replied that he enjoys the students involved.

The Editor in Chief, Brendan Lambert, says the **Bridge** has given him leadership skills and has helped him organize his time. Lambert's main job is to oversee the whole newspaper.

When Brian Kristofek was asked what he benefits from being one of the features

editors he thought it over and replied, "I get to see my name in the staff box!"

Jenny Sheriff, the Perspective Editor, describes her job as making sure her page is the best it can be and to have it "filled up with quality."

Kevin Smith, a Sports Editor, thinks he benefits learning to work better with people.

Steve Benson, who is the News Editor, said that he didn't expect his job to be as time consuming as it is.

After the old article was done telling about his experience with the **Bridge** and some of the people who work on it, you, the new article, feel better to know that you will be well taken care of.

## The joke is on you this time!

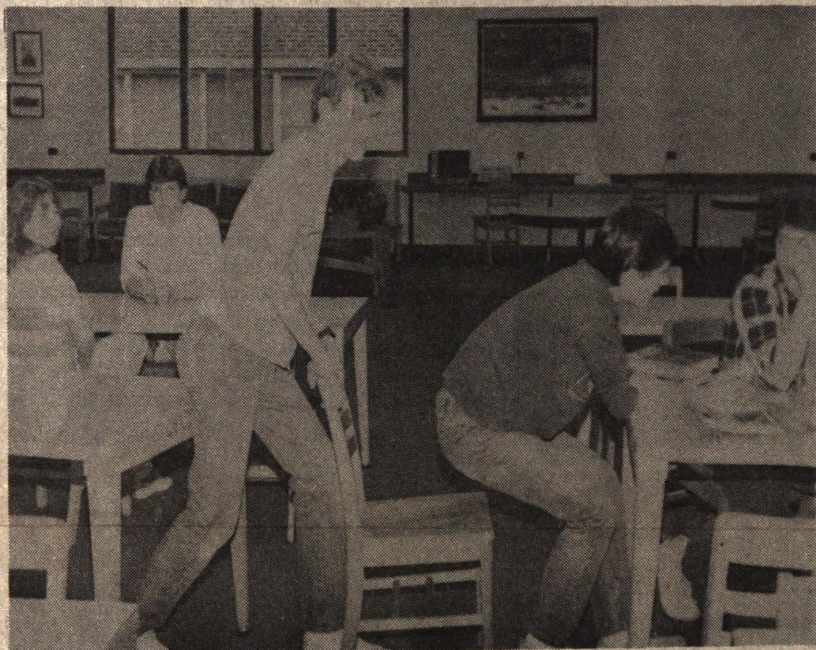
by Dan Gambino

"Tee-peeing" the school, greasing the stair railings and letting mice go in the school, these are all pranks that have been played at We-go.

Most students probably have played a joke or pulled a prank on a friend or a family member. The Webster's Dictionary definition for pranks is "a ludicrous or mildly mischievous act."

One fourth of July, Scott Grenke was in Wisconsin and as part of his celebration he purchased a Hercules doll at a nearby Ben Franklin store. On the fourth of July Grenke attached all kinds of explosives to the doll. A few days later Grenke brought the doll back to Ben Franklin, and tried to return it. First Grenke brought the doll to the sales clerk who looked at it as if nothing had happened to it, the clerk summoned the manager of the store, who Grenke compares to Inspector 12 on the Hanes underwear commercials. Grenke argued a while and finally she pointed out that the store had a strict return policy. Grenke complied and left the store.

Other pranks include, hanging soda-pop



stained sheets out your window, and yelling "I'm a filthy bedwetter." Also putting Ben

Gay in undergarments. And the now famous Ex-Lax chocolate chip cookies. Also

famous at this school is the popcorn in your friends locker trick. Speaking of lockers, in his sophomore year Chuck Burton was locked in one of the green football lockers. I wonder if he's still in there?

One day this year Mike Avino, Scott Christensen, Mike Oliver, John Hensen and Myself, Dan Gambino, declared a Nick Mancini day. On this day we dressed up in McDonald's hats and buck-teeth and glasses. One day we wouldn't let Mancini sit with us, because there wasn't enough room. Mancini tried to squeeze in between all of us, and doing this caused him to wear his food, which was chili.

Earlier this year Kenny Spielman's locker was in freshman hall, and he decided to move up by his friend Daryl McMullen and he did. Spielman found a vacant locker and put a padlock on the locker. McMullen removed the lock and left a note in the locker. The note said, please come down to my office for your lock and other disciplinary action. The next hour Spielman noticed the letter and told McMullen he was worried that he would get detentions. After hearing this McMullen broke out in laughter.

## Frankenstein started it all in 1818

by Sandy Greenberg

"I turned the corner and saw the creature. It was eight feet tall and had numerous odd looking limbs projecting from its body. It turned and looked at me. Before I could react it fired. I think I saw a strangely alien look of satisfaction on its face before I lost consciousness ..."

That could very well be an excerpt from a Science Fiction book. Science fiction stories and books are not new. Some writers say that Science Fiction (Sci-Fi) began in earnest with the pulp fiction magazines of the 1920's and 1930's. Others, like Isaac Asimov tend to think that it all started with the publishing of **Frankenstein** in England, around 1818. Whenever it started, what exactly is Science Fiction?

Sci-Fi books basically ask the question of "What if ..." but it is more than just imagination. Most writers put a lot of research into their books. They take a look at the state of things around us and take us to one of the many possible futures from there.

Janet Reihecky, the teacher of the Science Fiction class that is cancelled for next year, calls Sci-Fi writers "prophetic visionaries" because of the way they look

into the future and tell us what they see.

There are three major types of Science Fiction stories. The first type is called "hard" Sci-Fi. These books are generally technical with subjects ranging from robots and space flight to major medical advances and "tamed" planets, safe for humans. A good example of this type is Isaac Asimov's robot novels. This series of books deal with robots and the background of robotics on earth. If you look through any technical journals, you will notice that the beginnings of robotics is already here. In his books Asimov created the "Three Laws of Robotics." These laws are:

1. A robot may not injure a human being or allow a human come to harm.
2. A robot must obey a human's order except when conflicting with the first law.
3. A robot must protect its own existence except when conflicting with the first two laws.

These laws are the primary programming of all the robots in Asimov's world.

The second type of Sci-Fi books are called Space Opera, or Adventure. An example of a Space Opera would be the **Star Wars** trilogy. Almost all Science Fiction movies are made from this type of book because

they usually make fast paced, action filled movies.

The third type of Science Fiction books are Utopian books. A utopian universe is a place of social and or political perfection. Two good and well known examples are **1984** by George Orwell and **Brave New World** by Aldous Huxley. Both books show a pessimistic view of the "perfect society." Reihecky feels that our society, in its present state, is very similar to the story of **Fahrenheit 451** by Ray Bradbury. "People show a willingness to give up books for television," says Reihecky. The world of **Fahrenheit 451** is a place where books are illegal and "firemen" start fires by burning hoards of hidden books. The title of the book is the temperature at which book paper burns.

Many things that we have today, or have done in our century, were predicted by

Science Fiction writers long ago. Jules Vern, in his book **20,000 Leagues Under the Sea**, predicted a ship, powered with the same energy as the sun, that could travel under water without harm to its passengers. This is, of course, the nuclear submarine which has been around about 20 years. Other things like the landing on the moon and the stationary, geosynchronous, orbits of satellite were also predicted by Sci-Fi writers. "Science Fiction is very enjoyable, it gives room for a person's imagination," says Reihecky. "It (Sci-Fi) is very healthy for us and it also warns us about the possible dangers the future can bring."

In knowing all of the things that Science Fiction writers have predicted and have come true, one has to wonder how many things the writers today foresee, will happen.



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# Keeping shape during off season a prime concern

by Kateri Weibler

There is only one week until the season starts, and you are dreading the idea of the first two weeks of strenuous conditioning. The mere thought of all the hard work and sweat makes the muscles in your legs ache. You regret the fact that you have done nothing during the off-season, and as that first week comes closer you realize that you may just die of exhaustion.

Does this sound familiar? If it does, you might start thinking about what you should be doing to prepare for your athletic season to make things easier for you and your body.

Most coaches believe that any kind of activity should be performed each day, whether it be jogging, weight-lifting, or bicycling. Gail George, volleyball coach, believes that, "anything is good as long as they're (athletes) active."

Athletes should also participate in other

sports throughout the year. Jeff Ainsworth, varsity football coach, places an emphasis on playing other sports because not only will it help the athlete physically, but it also gives them experience with competition. Athletes learn to "adapt to different pressure situations."

Bob Hein, wrestling coach, says that off-season activities should include eating right, resting, and exercising. He also advises athletes to keep away from alcohol and drugs. For his wrestlers, he says that they can wrestle in tournaments during the spring and summer. Oswego, Joliet, St. Charles, and Morris all offer tournaments during the off-season.

If you happen to be a swimmer, both Amy Gibson and Dan Johnson say that the best thing to do is to be involved in a year-round program. Johnson says, "If you're serious

about swimming," you should swim 12 months out of the year. During the summer, according to Gibson, swimmers work mostly on their stroke mechanics, and during the winter season, swimmers concentrate on speed and conditioning.

Johnson adds that if you only swim for the 13 weeks of the high school season, you'll "never be a very good swimmer." According to Johnson, swimmers from other schools swim for about 40 weeks in the year, making it hard for anyone who has not been swimming to catch up.

There are several places where you can keep active during the off-season. This includes summer camps, health clubs, and open gyms after school for basketball and volleyball. Ron Hansen, baseball coach, says there is also an "off-season weight program" for after school.

Besides being in good physical condition for the season, there are several other advantages to working out during your off-season. Hein says athletes will have an "edge in terms of experience." According to Gibson, swimmers will "start at a faster time." If you participate in other sports, Hansen believes that experience will "make a better all-around athlete" out of the person.

George says that if you do keep active, you won't "have to start from scratch. Those who are physically prepared will do better, perform quicker, and be mentally alert." If you want to come out ready to play next season, take advantage of your time off to keep your body in shape. "The more time spent working," says Hein, "the better you will be."

## Ultimate trivia challenge II

by Kevin Smith

The year is almost over.

This means that none of you are in the mood to read anything because your brain is doing mach speed to keep up with finals.

And as if you needed another test, here are some more questions that can at least keep you *unbored* (not really a word, I just invented it).

1. Who was the first Indianapolis 500 winner?
2. What is the former name of the Milwaukee Brewers?
3. Who is the only Chicago Cubs player whose number is retired?
4. What is Tom Seaver's middle name?
5. When was the last time the Chicago Black Hawks won the Stanley Cup?
6. Who is the only pitcher to win the MVP award two years in a row?
7. In 1982, when Ricky Henderson set the record for stolen bases at 130, Damaso Garcia finished second. How many stolen bases did he have a. 54, b. 61, c. 73, d. 107
8. Which player led the American League in stolen bases in 1950 with 15? a. Phill Rizzuto (Yankees), b. Dom Dimaggio (Red

Sox), c. Chico Carrasquel (White Sox), d. Hoot Evers (Tigers)

9. Who had the fastest average time in an Indianapolis 500?

10. What football coach once said, "Winning isn't everything, it's the only thing."

11. What two British games did baseball come from?

12. Who played for the Chicago Bears, Houston Oilers, and Oakland Raiders, in a 26 year pro-football career?

13. What race was increased by 385 feet so that Edward VII could see better?

14. What is the Olympic motto?

15. What NFL team was named for its head coach?

16. What team lost the first Super Bowl?

17. In what year did Roger Marris hit 61 home runs?

18. What holiday does the Indianapolis 500 run on?

19. Who was the first player inducted into the baseball Hall of Fame?

20. What team did Bobby Orr play his last NHL game for?

## Being psyched is just a state of mind

by Marla Jemsek

"Each person develops their own way to get psyched," said Tim Kanold, girls' basketball coach.

"Many swimmers use mental imagery or visualization. As a team we use relaxation," said Amy Gibson, girls' swim coach.

When Robin Hein is waiting for her event to come up during a swim meet, she goes in a bathroom stall and visualizes her race, and when she looks up she sees a fast time.

"In my mind I see the win," said Scott Clausen.

"I write down goals for the game ... then I have something to strive for," said Rebecca Rivan.

Getting psyched for a game is getting ready for the game mentally, getting up or excited.

According to Kanold, "90 percent of the game is mental." In most games the kids' abilities are the same. The team that wins is the one that is better mentally prepared. Is it possible to be Psyched all the time?

Athletes and coaches have mixed feelings on whether or not you can be psyched up for every game.

"I don't think you can be totally psyched for every game," Rivan replied.

"There will always be times when you are mentally unable to do well," explained Clausen.

"Yes, if you work hard enough at it and want to win bad enough," said Dave Anderson.

"If you want to be," Naresh Nair.

"I try to get psyched for every game but I am not sure it always works," said Stacey Anderson.

"I think it's impossible," said Carrie Rynan.

"No ... not to the same degree," added Kanold.

Do you feel that it is important to get psyched for a game? Does it make a difference in your performance?

"An athlete that doesn't get psyched for a game isn't playing up to his full potential and is cheating himself and the team," said D. Anderson.

"Yes you perform more aggressively making your game better than when you're laid back," said Cheryl Bestler.

"I believe it is important to prepare yourself mentally for a game ... it plays a key role," said Sharon Kennedy, freshman softball coach.

## Answers

1. Ray Harroun in 1911 in a time of 6:42:08, average speed of 74.59 miles per hour.
2. Seattle Pilots in 1969
3. Ernie Banks (number 14)
4. Thomas. George Thomas Seaver
5. 1961
6. Hal Newhouser of the Tigers in 1944 & 1945
7. a. 54
8. b. Dom Dimaggio (Red Sox)
9. Mark Donahue 162.962 miles per hour in 1972
10. Vince Lombardi
11. Cricket and Rounders
12. George Blanda
13. The Marathon
14. Citius, altius, fortius, or faster, higher, stronger.
15. The Cleveland Browns
16. The Kansas City Chiefs
17. 1961
18. Memorial Day
19. Ty Cobb
20. The Chicago Black Hawks

## Most popular athletes

by Jim Kingberg

Sports heroes. Everyone who follows any sporting event has one. A poll was taken with 100 students being polled. the question asked was "Who is your favorite athlete in football, baseball, and basketball?"

In football it was overwhelming in favor of Walter Payton, the all-time leading ground gainer, receiving 81 votes. Others receiving votes were John Riggins, Gary Fencik, Lyle Alzado, Dan Marino, and Dick Butkus.

In baseball Ryne Sandberg was the favorite athlete receiving 69 votes. "Ryno" as the Cub fans call him was the National League's Most Valuable Player in 1984. Other players receiving votes were Pete Rose, George Brett, Steve Garvey, Gary Carter, Dale Murphy, Dwight Gooden, Harold Baines, Rickey Henderson, and Tom Seaver.


In basketball Michael Jordan is the most popular athlete receiving 62 votes. In 1985 Jordan was the Rookie of the Year and was selected to the NBA All-Star team. Other vote getters were Larry Bird, Karreem Abdul Jabbar, Spud Webb, Kurt Rambis,

and Ralph Sampson.

Even though students have different favorite athletes, the top vote getters from each sport were from Chicago.

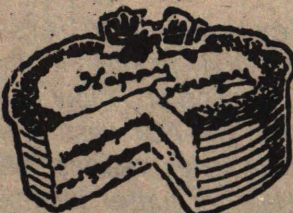


Walter Payton of the Chicago Bears wins as most popular football player. (Photo courtesy of the Chicago Bears).



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